

Swimming Lesson Parent/Participant Guidelines

- ✿ Only attend swimming lessons once your place has been confirmed
- ✿ Swimmers must arrive beach ready (their swimming clothing on underneath their normal clothing) as changing rooms will only be available after lessons. After lessons parents should use the central aisle (to avoid the automatic shower!) to meet swimmers in the changing rooms. Once inside please use one gridded section per household and wipe down anything that has been touched with the disinfectant wipes provided.
- ✿ Please enter and exit using the one-way system detailed on the diagram provided.
- ✿ Due to social distancing we ask that only ONE parent/guardian attends lessons.
- ✿ We have 10 seats available for appropriate social distancing on poolside. Parents/guardians may sit with swimmers of the same household if multiple swimmers have lessons on the same day, however we ask that you make the teacher aware before the lesson begins so extra seating can be arranged.
- ✿ If a parent/guardian has multiple swimmers on the same day the same one-way system must be used between lessons. For multiple swimmers with gaps between lessons please speak to the teachers or Heron's staff before lessons so arrangements can be made.
- ✿ The disabled toilet is available to swimmers during lessons. Please note the toilets in the changing rooms will NOT be in use. The toilets in the foyer are available to parents/guardians.
- ✿ Classes will be 25 minutes to allow for a safer changeover.
- ✿ Multiple hand sanitising stations have been provided. Their locations are detailed on the directional diagram.
- ✿ Cubicle showers will NOT be in use, however the automatic shower will be working.
- ✿ **IMPORTANT** – during term time the main carpark is off limits between 4pm and 4 30pm. Parents/guardians attending the 4pm weekday sessions are asked to park in the layby outside the school where possible. Alternatively, the service entrance gate will be open (no entry before 3 45pm) and 6 spaces will be available – two in the disabled parking space and 4 at the rear of the swimming pool.



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Children's
Swimming Lessons